



# DOUVRIS MARTIAL ARTS BARRHAVEN

3780 Fallowfield Rd, Nepean, ON K2J 1A1

## CLASS SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	11:00 AM T.B.T. ZOOM			
3:15 PM Karate Tykes ZOOM	3:15 PM Karate Kids/Adults Green - Blue ZOOM	3:15 PM Karate Kids/Adults Orange - Orange/ Green - ZOOM	3:15 PM Karate Tykes ZOOM	3:15 PM Karate Kids All Belts ZOOM
4:00 PM Karate Kids/Adults Brown - Black ZOOM	4:00 PM Karate Kids/Adults White-Yellow ZOOM	4:00 - 4:30 PM Karate Kids/Adults Green - Blue #1	4:00 - 4:30 PM Karate Kids/Adults Brown - Black #4	4:00 PM Karate Adults All Belts ZOOM
5:00- 5:30 PM Karate Kids/Adults Orange - Orange/ Green #1	5:00 - 5:30 PM Karate Kids/Adults Brown - Black #1	5:00 - 5:30 PM Karate Kids/Adults White - Yellow #2	5:00- 5:30 PM Karate Kids/Adults Orange - Orange/ Green #4	5:00 PM T.B.T. ZOOM
6:00 - 6:30 PM Karate Kids/Adults White - Yellow #1	6:00 - 6:30 PM Karate Kids/Adults Orange - Orange/ Green #3	6:00 - 6:30 PM Karate Kids/Adults Green - Blue #2	6:00 - 6:30 PM Karate Kids/Adults Green - Blue #3	
7:00 - 7:30 PM Karate Kids/Adults Orange - Orange/ Green #2	7:00 - 7:30 PM Karate Kids/Adults Brown - Black #2	7:00 - 7:30 PM Karate Kids/Adults Brown - Black #3	7:00 - 7:30 PM Karate Kids/Adults White - Yellow #3	
		8:00 - 8:30 PM T.B.T. #1	8:00 - 8:30 PM T.B.T. #2	

All students need to **pre-register for classes online** via our member management system called RhinoFit, limited to One in Person class per week.

**NO DROP IN CLASSES.**



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